



Carers ask an EXPERT

Supporting Carers to
understand changes to Aged
Care Services & Supports



Ask an Expert about the aged care reform changes and how to navigate aged care

Learn more about the reform changes and how to navigate aged care. Join Rachael Kimber, Carers Victoria, and Sacha Cahill, Better Place Australia to hear about some of the important changes to aged care and have your questions answered regarding how to navigate these changes.

This session will focus on:

- The process of accessing Aged Care services
- Becoming a registered supporter
- Differences between the Commonwealth Support Program and Support at Home Program
- What are the waiting times to receive an assessment and access services
- What does co-contribution mean
- Accessing financial support
- Who can support carers through this process.

You will have the option to submit a question at the time of registration. The guest speaker will also respond to as many live questions as possible during the session.

Day/Time

Fri. 18 June, 10:30am - 11:30am AEST

Location

This is an online event. A link is provided upon registration.

Who should attend

Open to all carers and their families.
Attendance is free, but registration is required.

About the presenters

Sacha Cahill: Background in Occupational Therapy (OT), and has worked at: Vision Australia; Co-ordinator for Veteran Home Care; Care Finder, supporting people to navigate My Aged Care. Well versed in the changes since Nov. 1 2025 and challenges relating to change to assessments & implementation of Support at Home.

Rachael Kimber: Practice Leader for Service Delivery and Innovation at Carers Victoria, overseeing respite and mental health carer peer worker programs. Experience covers government/community services, with a particular focus on aged care, including developing Carers Victoria group respite program for older people, offering carers much-needed and meaningful breaks.

**This event is FREE for carers,
but you do need to register to attend.**



events@carersvictoria.org.au



1800 514 845



www.carersvictoria.org.au/calendar



**Scan here
to register**

