



Care for a **CARER**

This National Carers Week, show carers you care

Check-in regularly ~ Offer a break ~ Acknowledge and appreciate ~ Initiate support



NATIONAL **CARERS WEEK**
11-17 OCTOBER 2026

www.carersvictoria.org.au/CarersWeek

National Carers Week 2026 is an initiative of Carers Australia and funded by the Australian Government