

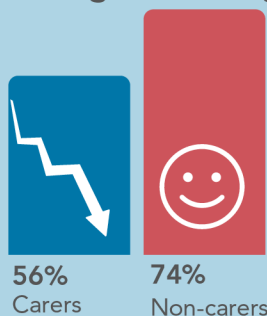
The Caring Costs



Health and wellbeing

Victorian carers have lower wellbeing compared to Victorians who do not have a care role.

Average wellbeing



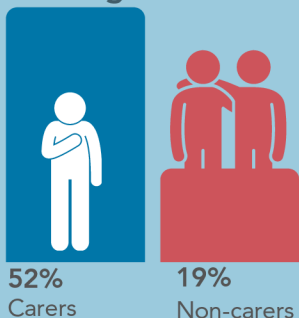
High stress



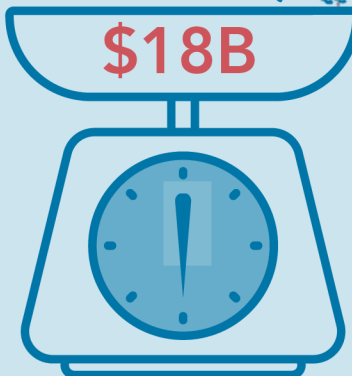
1 in 2 carers

Report high to very high levels of psychological distress.

Feelings of isolation



Time commitments and financial pressures both contribute to carers feeling highly isolated.



\$18B estimated replacement cost of Victoria's unpaid carers close to equivalent of the amount the government collects in Payroll and Land Taxes.

Financial stress data

Low workforce participation



Cost of living



1 in 3 carers have extra expenses related to their care role, in addition to meeting their own needs.



1/3 don't always have access to enough food.

Intensity of care roles



2/3 are either caring for more than 60 hours per week or 24/7.



1/3 of carers of older people provide this support without any formal services.

Seven charts that tell the story of the Victorian budget - ABC News
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 Productivity Commission 2023, A case for an extended unpaid carer leave entitlement?, Position Paper, Canberra, February.