



Care for a **CARER**

This National Carers Week, show carers you care

Check-in regularly ~ Offer a break ~ Acknowledge and appreciate ~ Initiate support



NATIONAL CARERS WEEK
12-18 OCTOBER 2025

www.carersvictoria.org.au/CarersWeek

National Carers Week 2025 is an initiative of Carers Australia and funded by the Australian Government