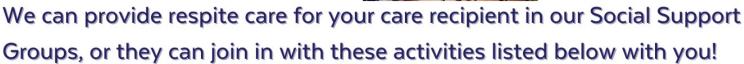




## ARE YOU A CARER LOOKING FOR SOME FREE, FUN AND RELAXING ACTIVITIES?

Join us to participate in some activities for your health and wellbeing.



When	Time	Activity	Location
Thursday 7th November	10.00 - 2.30	Mont De Lancy Homestead	Span House 64 Clyde St, Thornbury
Wednesday 20th November	10.30 - 1.30	Cooking activity and games day	Your Community Health 125 Blake St, East Reservoir
Friday 29th November	1.00 - 3.00	DIY Workshop Learn a new skill	Darebin Men's Shed Community Health 125 Blake St, East Reservoir

Questions/RSVP: call Donna, 8458 6774

03 8470 1111

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