

Carer Support Services and Benefits

Focus on Aged Care

General

Carer Gateway	1800 422 737	www.carergateway.gov.au
Carers Victoria	1800 514 845	www.carersvictoria.org.au
Services Australia	13 23 07	www.servicesaustralia.gov.au/caring-for-someone
Victorian Support for Carers Program		www.vic.gov.au/support-carers-program

Specific for carers of people with aged care needs

Dementia Australia	1800 100 500	www.dementia.org.au Personalised support for dementia carers, in-person or on the phone, family-centred approach, helpline is 24 hours, 7 days/week.
Dementia Support Australia	1800 699 799 (24 hours)	www.dementia.com.au Specialist support for managing behaviours related to dementia. Live chat available.
Seniors Rights Victoria	1300 368 821	www.seniorsrights.org.au Provides information, support, advice, and education to help prevent elder abuse and safeguard the rights and dignity of older people.
Seniors Online Victoria	1300 797 210	www.seniorsonline.vic.gov.au Provides information to senior Victorians to participate in community life, maximise their health and wellbeing, and age well.

Val's LGBTI Ageing & Aged Care	03 9479 8740	www.latrobe.edu.au/arcshs/health-and-wellbeing/lgbti-ageing-and-aged-care Aims to improve ageing pathways, visibility of and inclusion for older people who identify as LGBTI. Affiliated with La Trobe University.
Fight Parkinson's	1800 644 189	www.fightparkinsons.org.au Fight Parkinson's is a leading source of specialised health information, advice and services for people with all forms of Parkinson's disease.
Diabetes Victoria	1300 437 386	www.diabetesvic.org.au Support for all Victorians affected by, or at risk of, diabetes.
Palliative Care Victoria	03 9662 9644	www.pallcarevic.asn.au Support for people experiencing a life-limiting illness.

Benefits

Carer Payment		www.humanservices.gov.au/individuals/services/centrelink/carers-payment/eligibility
Carer Allowance		www.humanservices.gov.au/individuals/services/centrelink/carers-allowance/eligibility/eligibility-rules
Victorian Carer Card	1800 901 958 (during BH)	www.carercard.vic.gov.au
Companion Card	1800 650 611	www.companioncard.vic.gov.au
Benefits for concession card holders		https://services.dffh.vic.gov.au/concessions-and-benefits <ul style="list-style-type: none"> › Energy Concessions › Municipal rates concession › Recreation benefits and Concessions › Care Registration Concessions › Water and sewerage concession › Housing support
Other benefits available to carers		www.carersvictoria.org.au/benefits