

NDIS MENTAL HEALTH THREE PART PROGRAM

FREE workshops for carers by Carers Victoria



Are you caring for a person with a mental health condition?

Do you want to know more about the National Disability Insurance Scheme (NDIS)?

Carers Victoria has designed a three-part program to help you to understand the NDIS process and to get ready for the NDIS planning conversation.

Who should attend

- Carers of a person with a disability or mental health condition
- Those preparing to transition to NDIS or seeking to access NDIS for the first time
- Other family members.

WORKSHOP 1 PREPARING FOR CHANGE

- Accessing the NDIS.
- The NDIS pathway.
- Carers role and rights in the NDIS.

WORKSHOP 2 PLANNING

- Gathering evidence.
- Making a start on the plan.
- What are the plan management options?

WORKSHOP 3 PLAN MANAGEMENT AND HAVING A VOICE

- What are the plan management options?
- Choosing supports.
- Making a Service Agreement.
- Know your rights and making a complaint.

Carers must attend the first session to continue in the program and cannot bring the person they care for.

When

Workshop 1 Friday 6 September
Workshop 2 Friday 13 September
Workshop 3 Friday 20 September

Time 10.00am – 1.00pm

Each workshop three hour duration

Where Carers Victoria
Level 1, 37 Albert St Footscray

Cost Free

Refreshments provided

Car Parking

Available at Footscray Plaza
Paisley Street, Footscray
www.carepark.com.au/find-a-care-park/footscray-plaza

BOOKING INFORMATION

To secure your place, please phone Education Services on 1800 242 636 or email education@carersvictoria.org.au and quote event #6074.

CARERS VICTORIA

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