



SUPPORT FOR LGBTI CARERS

Do you care for a partner, friend or family member with health or other support needs?

This may be someone who has a disability, mental illness, chronic condition, terminal illness, addiction or is an older person with care needs.

Carers Victoria can help with:

- information, support and practical advice
- referral to respite and other services
- counselling specific to your caring role
- education programs and workshops
- support to improve your own health and wellbeing
- connecting with other carers to share experiences, information and ideas.

To find out more, call our Carer Advisory Line on 1800 242 636.

AN AUSTRALIA THAT VALUES AND SUPPORTS ALL CARERS

[www.carersvictoria.org.au/
how-we-help/LGBTI-carers](http://www.carersvictoria.org.au/how-we-help/LGBTI-carers)

Every caring situation is unique

Carers Victoria seeks to provide support specific to individual carer needs.

We recognise that LGBTI carers experience unique joys and challenges in their caring role.

Discrimination, combined with lack of recognition of identity, experiences and relationships can increase the stress and health impacts for carers from LGBTI communities.

Our aim is to provide inclusive and affirming services which value, celebrate and support LGBTI carers and carers of LGBTI people.

We welcome carers of any age, ability, background, culture, sexual orientation, gender identity and intersex status.

For more information:

T 1800 242 636

E reception@carersvictoria.org.au

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 @LGBTIcarers

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